## Risk Assessment and Method Statement (RAMS) Template

A RAMS template combines risk assessment and method statements (RAMS) to guide highrisk tasks safely and compliantly. It breaks down activities step-by-step to ensure clarity, safety, and awareness across your team.

## Why Use a RAMS Template?

- Ensures safety for high-risk tasks (e.g., working at height, heavy machinery)
- · Promotes compliance and proactive risk management
- Improves team awareness and preparedness

## What to Include:

- Project Overview: Basic project info, document version, and author
- Scope of Work: Task breakdown and timelines
- Risk Assessment: Identify hazards and recommend control measures
- Control Measures: PPE(\*) requirements, supervision, and site controls
- Emergency Procedures: Safety protocols and contact details
- Site-Specific Hazards: Location-based risks and constraints
- Training Requirements: Required inductions, certifications, and skills
- Monitoring & Review: Ongoing compliance and safety checks
- Sign-Off Section: Team acknowledgment and confirmation

## (\*) PPE stands for Personal Protective Equipment.

It refers to the safety gear worn by workers to protect themselves from hazards on the job site, such as:

- Helmets
- Gloves
- Safety glasses
- High-visibility clothing
- Respirators
- Safety boots

PPE is a key part of control measures to reduce injury risks during hazardous tasks.

**MondoFlow** transforms **Risk Assessment and Method Statement (RAMS)** from a paperwork burden into a seamless, efficient digital workflow — saving time, improving safety, and boosting productivity.

Digitize your safety process to protect your team and stay compliant.

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